

AMERICAN UROLOGICAL ASSOCIATION  
**URINARY SYMPTOM SCORE**

International prostate symptom score (IPPS) for men

**NAME:**

**DATE:**

*PLEASE CIRCLE THE BEST ANSWER AS IT APPLIES TO YOUR CURRENT CONDITION. OPTIONS (LEGEND) ARE THE SAME FOR QUESTIONS 1-5.*

**1. Incomplete emptying**

Over the past month, how often have you had a sensation of not emptying your bladder completely after you finished urinating?

0 = not at all      1 = less than 1 time in 5      2 = less than \_ the time  
3 = about \_ the time      4 = more than \_ the time      5 = almost always

**2. Frequency**

Over the past month, how often have you had to urinate again less than two hours after you finished urinating?      0      1      2      3      4      5

**3. Intermittency**

Over the past month, how often have you found you stopped and started again several times when you urinated?      0      1      2      3      4      5

**4. Urgency**

Over the past month, how often have you found it difficult to postpone urination?      0      1      2      3      4      5

**5. Weak stream**

Over the past month, how often have you had a weak urinary stream?      0      1      2      3      4      5

**6. Straining**

Over the past month, how often have you had to push or strain to begin urination?      0      1      2      3      4      5

**7. Nocturia**

a. Over the past month, how many times did you most typically get up to urinate from the time you went to bed at night until the time you got up in the morning?

0 = none      1 = 1 time      2 = 2 times      3 = 3 times  
4 = 4 times      5 = 5 times or more

**YOUR TOTAL SCORE = \_\_\_\_\_.**

### Quality of life due to urinary symptoms

If you were to spend the rest of your life with your urinary condition just the way it is now, how would you feel about that?

0 = delighted

2 = mostly satisfied

4 = mostly dissatisfied

1 = pleased

3 = mixed

5 = unhappy

6 = terrible

### SYMPTOM SCORE SEVERITY:

*MILD (symptom score  $\leq 7$ )*

*MODERATE (symptom score range 8-19)*

*SEVERE (symptom score range 20-35)*